



WHYY NEWS' BRIDGING BLOCKS

“Growing Older, Not Growing Invisible: Philly’s Fight Against Ageism”

Resource Document

[Report Suspected Abuse of an Older Adult](#)

- Abuse reports can be made on behalf of an older adult whether the person lives in their home or in a care facility such as a nursing facility, personal care home, hospital, etc. Call the 24 Hour Helpline: 1-800-490-8505.

WHYY/PBS

- [Aging Together in PA Town Hall: Elder Justice & Dignity](#)
- [How an aging population poses challenges for U.S.](#)

[SEPTA Senior Fare Program](#)

- For Senior Citizens ages 65 and older, you can travel free on all SEPTA transit routes (bus, trolley, trackless trolley, and Market-Frankford Line, Broad Street Line, and Norristown High Speed Line). They also ride for free on Regional Rail as long as their departure and arrival stations are located in the Commonwealth of Pennsylvania.

[Pennsylvania Department of Aging](#)

- Provides services and programs such as home-delivered and congregate meals, caregiver support, health and wellness services, personal assistance, senior community centers, Medicare enrollment counseling, transportation, job training, elder abuse prevention, PACE prescription assistance and more.
- Find your local [Area Agency on Aging](#)

[The Mayor's Commission on Aging](#)

- Provides seniors with programs and information to enhance their quality of life. We offer a range of services for older Philadelphians, including:
 - Health and wellness programs.
 - Access to food and meal delivery.
 - Access to city-wide benefits.
 - Employment and financial services.
 - Connections with senior centers.
 - Support for housing security (foreclosure prevention).
 - General advocacy and support.



[Find your local Senior Community Center](#)

- In addition to providing a nutritious meal, centers offer social activities, a range of informative programs, creative arts, exercise, volunteer opportunities, community services, and other special events which are unique to individual centers.

[PACE Program - Prescription Assistance](#)

- Pennsylvania's PACE and PACENET programs help qualified residents, age 65 and up, get prescription medicine at a lower cost.

[The Caregiver Support Program](#)

- The program aims to alleviate the stresses associated with caregiving by focusing on the well-being of the caregiver, providing access to respite care, addressing the need for formal and informal supports, and providing financial reimbursement for out-of-pocket costs associated with caregiving-related services and supplies.

[Phillips & Associates](#), Attorneys at Law, PLLC

- Philadelphia Age Discrimination [Laws](#)

[Philadelphia Corporation for Aging](#)

- PCA's mission is to improve the quality of life for older Philadelphians and people with disabilities and assist them in achieving their maximum level of health, independence, and productivity.
- Helpline at 215-765-9040
- [Use this form](#) to request more information about the PCA services that may be available to you or a loved one.

[Senior LAW Center: Seeking Justice for Older People](#)

- Our dedicated volunteer attorneys and legal advocates provide direct individual legal services and representation to thousands of seniors in the greatest economic and social need. We provide trauma-informed lawyering, legal advice, referral services, and a toll-free HelpLine throughout the state. We focus on housing, family law, elder abuse, financial exploitation, consumer protection, and advance planning.

Pennsylvania Association of Realtors, Article

- [Majority Can't Afford Aging in Place](#)

Federal Reserve Bank of Philadelphia, Article

- [Low-Income Older Adults Face High Housing Costs and Financial Challenges](#)